

Ellanor C. Lawrence Park
Senses And Seasons
Grades Preschool-2
Teacher's Outline

This is a basic outline of the "Senses and Seasons" program at Ellanor C. Lawrence Park. The specifics may vary according to the needs of the group, the weather and unforeseen situations. Program can be modified to address different ages.

Time: 1 hour.

SOL'S Addressed: SCI.K.6, SCI.1.5, and SCI.2.4

1. Welcome to Ellanor C. Lawrence Park.
2. Introduction to the five senses and the four seasons.
3. Trail walk. The season at hand will be highlighted through use of the senses during the hike. Adults may be asked to work with small groups of children to provide more individual attention. A silent trail-listening exercise will be conducted. A game may be played to emphasize one of the concepts covered during the program.
4. Summary and conclusion.

Things to discuss before your visit:

1. There are four seasons.
2. Each season has its own look.
3. Smell, touch, hearing, taste, and sight are the five senses.
4. Senses can alert you to danger.